<u>HES.FIVETOWNS.NET</u>

JANUARY 27, 2023

The Hawk's Eye

Weekly News from Hope Elementary School



Big Congrats to our Middle School Spelling Bee Winners!



Adelaide L. – Winner

Quinn R. – Runner Up

Both students will move on to the County Bee, held at Oceanside Middle School on February 15th at 3:30.

Upcoming Events for Your Calendar

Jan. 27th - HES Middle School Dance (7-9PM) grades 6-8 only

Feb. 3rd - HES Family Movie Night (6-8PM) Please RSVP!

Feb. 6th - HES Volunteer meeting (6:30PM)

Feb. 9th - Parent/Teacher conferences for 8th grade

Feb. 13th - HES School Committee meeting (6PM) ZOOM link

Feb. 20th-24th - Winter Break (No School)

We have used three snow day so far this school year.



"If I can't do great things, I can do small things in a great way."

~Martin Luther King Jr.



Tonight is the Middle School Dance from 7-9PM!



Friday, February 3rd, 6-8PM See page 4 for details!



Shoot-a-thon!

Help support the HES
8th grade's goal of raising \$1,500 for their class trip!

HES.FIVETOWNS.NET JANUARY 27, 2023

Visit to Mid Coast School of Technology

Last week the 8th grade class toured MCST. Students were able to watch several programs in action before participating in a student panel that included two HES alumni (Sierra and Asa)! It was wonderful to hear about their experiences attending MCST and how doing so has not only benefited them as high school students, but also how it will support them with future endeavors.





HES.FIVETOWNS.NET JANUARY 27, 2023

Integrated Studies

3rd, 4th, and 5th graders have been working on Kinetic Sculptures during Integrated Studies. This afternoon, they will test their designs using hair dryers! Thank you to everyone who contributed their recycling products to this project!





Hope Elementary School Menu



January 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2		3 4		5
	Chicken Soup w/Breadstick Fruit/Veggies/Milk	Grilled chicken w/Mashed Potatoes & Stuffing	Cheese Pizza Fruit/Veggies/Milk	Ham & Cheese Wraps Fruit/Veggies/Milk
	B: Cereal Bars	B: Muffins	B: Fruit Salad	B: Cereal
9	1	0 11	1:	2 1
Cheeseburgers w/Fries Fruit/Veggies/Milk	Turkey BLT Fruit/Veggies/Milk	Chicken & Broccoli Stromboli Fruit/Veggies/Milk	Chicken Nuggets w/Fries Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk
B: Yogurt Parfait	B: Muffins	B: Cereal	B: Fruit Salad	B: Cereal Bars
16	1'	7 18	1!	9 2
NO SCHOOL Martin Luther King, Jr. Day	Pancakes & Sausage Fruit/Veggies/Milk	Hot Dogs w/Chips Fruit/Veggies/Milk	Macaroni & Cheese Fruit/Veggies/Milk	Cheese Pizza Fruit/Veggies/Milk
	B: Muffins	B: Yogurt Parfait	B: Cinnamon Rolls	B: Cereal
23	2	4 25	20	6 2
Meatloaf & Mashed Potatoes Fruit/Veggies/Milk	American Chop Suey Fruit/Veggies/Milk	Crispy Chicken Sandwich Fruit/Veggies/Milk	Chicken Quesadillas Fruit/Veggies/Milk	Pepperoni Pizza Fruit/Veggies/Milk
B: Muffins	B: Cereal	B: Yogurt Parfait	B: Fruit Salad	B: Cinnamon Rolls
30	3	1		
Spaghetti w/Meat Sauce Fruit/Veggies/Milk	Grilled Cheese w/Chips Fruit/Veggies/Milk			
B: Cereal	B: Muffins			

Student meals are free.
Milk without a meal is \$.40
Adult meal: \$4

Breakfast includes protein, fruit, whole grain, and milk.

Lunch options include a choice of salad, bagel, or sandwich/entrée of the day. Fruit, a whole grain item, veggie slices and milk are offered with all meals.

Menu is subject to change.

HES is an equal opportunity provider.

Payments should be made payable to:
Hope Elementary School

https://k12paymentcenter.com

<u>HES.FIVETOWNS.NET</u>

JANUARY 27, 2023



MR BRUCE IS BACK! PLAY FOR TROPHIES AND LEARN SKILLS FOR SCHOOL, SPORTS AND LIFE! OPEN FOR GRADES 3-8 AND K-2 WHO COME WITH AN ADULT WHO WILL PLAY CHESS AT HOME.

MAKE CHESS YOUR CHILD'S SECRET WEAPON!
SEEING FUTURE MOVES TEACHES CREATIVE THINKING.
LEARN HOW TO SEE WHAT OTHERS DON'T.
SEE OPENINGS & PLAYS IN SPORTS FIRST.
BUILD YOUR ARSENEAL OF PROBLEM SOLVING TOOLS.

CHESS TEACHES LOGIC:

THE FOUNDATION OF MATH AND SCIENCE!

COMPETITIONS PREPARE YOUR CHILD FOR LIFE.

YOU MUST KNOW THE RULES AND KNOW WHEN TO

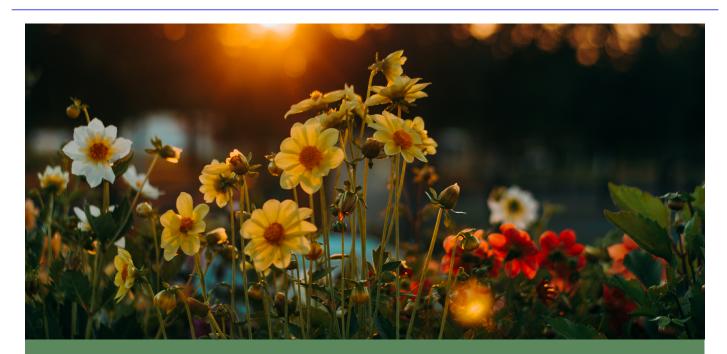
ASK FOR HELP. THROUGH JUNE 16. JOIN ANYTIME!

NO CLASS ON FEBRUARY 17 & APRIL 28!

BRUCEHAFFNER@GMAIL.COM 847-987-3091



HES.FIVETOWNS.NET JANUARY 27, 2023



HES FLOWER POWER FUNDRAISER

The Hope Elementary 8th grade class will be raising funds for their class trips, graduation and class gift for the school.

Please consider helping them to reach their goals while making your gardens beautiful at the same time! Order spring bulbs, seeds and berries all online.

All orders can be purchased online until April 14th and shipped directly to you for \$6.99 no matter how big or small your order!

HTTPS://WWW.FLOWERPOWERFUNDRAISING.COM/INDEX.PHP/ MARKETPLACE/SELLER/PROFILE/SHOP/HES8THGRADE